

Meet Executive Council Member, Dr. Kirsten Wilkins



Kirsten Wilkins, MD,
FACS, FASCRS
Associate Program
Director Colorectal
Fellowship
Rutgers-Robert Wood
Johnson

South Plainfield, NJ

Favorite Drink:

Mezcal cocktails and
bubbles

Favorite Food:

Anything spicy

Least Favorite Food:

Olives

Outside of work, I
enjoy traveling,
boating, hiking, and
spending quality time
with friends and family.
I've been married to
my wonderful and
supportive husband,
John, since 1997. He
loves coming to ASCRS
meetings and seeing all
of you!

I was born and raised in Maryland and attended medical school at the Johns Hopkins University School of Medicine. I completed my general surgery training at Duke University Medical Center, where I fell in love with colorectal surgery under the mentorship of Dr. Kirk Ludwig. In 2002, I moved to New Jersey to complete my fellowship at Robert Wood Johnson, where I had the honor of training under one of the giants of colorectal surgery, Dr. Eugene Salvati.

Since completing my fellowship, I have remained with the same practice and have had the privilege of training three colorectal residents per year since 2003. I have a particular interest in all aspects of anorectal surgery and take great pride in improving the quality of life for patients facing challenging problems. Although I began in private practice, my group transitioned to a hospital-employed model in 2013. We continue to oversee the colorectal residency program for Robert Wood Johnson.

I have been an active Fellow of ASCRS and have served on numerous committees throughout the years. Some highlights of my involvement include serving as Program Chair for Dr. Charles Littlejohn in 2016, Chair of the Self-Assessment Committee for CARSEP® XI, and Chair of the Committee on Committees. I have also served on the Executive Council as Member-at-Large, Treasurer and currently as Vice President. The Salvati Alumni Dinner and Suite have become cherished traditions, held annually at the ASCRS meeting. ASCRS is special and unique. The camaraderie at our annual meetings is palpable. The personal connections I have made through ASCRS have been incredible and have enriched both my professional and personal life.

Recent Executive Council discussions have focused on key initiatives such as the 125th Anniversary Campaign, improvements in membership technology (including easy pay options, a mobile app, and an updated website), and the launch of CARSEP® XII.

