

Clinical Practice Guidelines: Hemorrhoids

Initial Evaluation should include Complete endoscopic evaluation in select pts w/ bleeding (1B)



1st Line Treatment: dietary modification, fiber, toileting habits (1B)



Office-based procedures can be used for grade I/II if medical Treatments fail (1A)



Early excision of Thrombosed External hemorrhoids within 3 days (2C)



Surgical Hemorrhoidectomy should be offered if symptomatic external or grade III/IV internal (1A)



Multimodal pain regimen should be used to reduce narcotics after surgery (1B)



DISEASES
OF THE
COLON &
RECTUM



Davis B et al. *Dis Colon Rectum* 2018;61(3):284-92

